



APPLICATION FORM

Course applied:
Location of course:
Name
Date of Birth:
Place of Birth:
Gender:
Address
City:
Zip/ Pin code: Country
Primary & Secondary Phone:
Email:
Years of Practice you have done?
How many hours a week do you practice?

BinduSar® Yoga School – West Luxmanjhoola, Rishikesh, India 249302

Yoga teachers training course.



Style/s of yoga have you practiced?
What does your yoga practice include/s?
Asanas, Pranyamas, Mudra, Bandhas, Viniyasa
Is this your first intensive/teacher's training in yoga?
Why do you want to do this training?
What are your expectations from this course?
PERSONAL MEDICAL HISTORY:
What is current status of your health?
Do you have blood pressure irregularity?



Yoga teachers training course.



Do you have physical injuries?

Are there any symptoms of following?	
1. Diabetes	
2. Epilepsy	
3. Migraine	
Are you pregnant or desire to be during the course?	
Signature	
Date	